

:: Ramen Noodle Salad ::

Prep

2 heads Boston Bib or Butter Lettuce
1 head broccoli cut into bite size flowerets (blanch in salted water and cool)
1 bunch green onions, chopped
--- Mix and chill

2 pkg. Oriental flavor Ramen noodles (broken into 3 pieces)
--- Cook noodles; do not add seasoning pkts. Rinse & chill noodles.

1 (2 oz.) pkg. slivered almonds (saute in 1 tablespoon butter till brown)
1/2 c. shelled sunflower seeds

Dressing

1/3 c. sugar
1 tsp. pepper
1/4 c. vinegar
3/4 c. vegetable oil
One of the Oriental Flavor packets from Ramen noodles
--- Combine all and mix well

Procedure

Mix greens, seeds, nuts, noodles, and dressing all together just before serving as it gets soggy with time.

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